











SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Room Key (AN) = Annapolis Room (BB) = Bugeye Bar (BR) = Billiards Room (CA) = Cafe (CC) = Caring Cove (CD) = Chesapeake Dining Room (CG) = Card and Game Room (CQ) = Croquet Court (FH) = Friendship Hall (FT) = Fitness Center (HB) = Heritage Basement (HR) = Heritage Activity Room (HRL) = Heritage 1 st Fl Living Room (HR3) = Heritage 3rd Floor	(GZ) = Gazebo (LO) = Lobby (O) = Outside, Campus Green (QA) = Queen Anne Room (PL) = Pool (SD) = Skipjack Dining Room (SN) = Schooner Room (SP) = Skipjack Patio (SR) = South River Room (Z) = Zoom (970) = TV Channel 970 (971) = CH 971, TV Live Stream (*) = Sign-up in Mailroom (**) = Sign-up on Uniguest	1 8:00 Outdoor Croquet (CQ) 9:30 Aqua Lite w/ Jenna (PL) 10:00 Weights for Women (FT) 10:00 Chats with Chip** (C&G) 11:00 Cardio Fit w/ Jenna (FT) 1:00 Yoga w/ Pam (FT) 2:00 Tech Bar (BB) 2:00 Mah Jong (C&G) 2:00 Open Billiards (BR) 3:00 Open Cornhole (FT) 4:00 Religious Life (SN) 4:30 Happy Hour (BB) 6:00 BCFA - "Syria after the overthrow of Bashar al Assad: What's next?" Streamed via Zoom (SR)	2 8:00 Total Body Strength w/ Lisa (FT) 9:15 Stretch, Tone & Balance (FT, 970) 10:00 Aqua Aerobics w/ Jenna (PL) 10:15 Canasta (SN) 11:00 Office Hours with Jamie (FT) 1:00 Seated Exercise & Balance (FT) 2:30 Open Small Court Pickleball (FT) 4:00 Birthday Social featuring the Show Stoppers (FH & 971) 7:15 Movie Night (SR) 	3 9:00 Outdoor Croquet (CQ) 10:00 Aqua Aerobics w/ Jenna (PL) 10:00 Pool School (BR) 1:00 Open Billiards (BR) 1:00 Canasta (SN) 4:30 Kentucky Derby – Bugeye Bar open for Mint Juleps & Race viewing. Race post time is 6:57pm (BB) 
4 11:00 Church Service (FH) 12:00 Sunday Buffet (CD & BB) 2:00 Mah Jong (C&G) 7:00 Sunday Night Series "To the Manor Born" (SR)	5 Nomeitag Day 8:00 Total Body Strength w/ Lisa (FT) 9:15 Stretch, Tone & Balance (FT, 970) 10:00 Aqua Aerobics w/ Jody (PL) 10:00 Tech Bar (BB) 1:00 Duplicate Bridge (FH) 1:00 Seated Exercise & Balance (FT) 2:00 Mah Jong (C&G) 2:30 Pop-Up Party - Cinco de Mayo! Signature drink, lite fair, and music! (Formerly known as Grab n' Go) (BB) 3:00 Men's Circuit Training (FT) 7:15 Movie Night (SR) 	6 8:00 Outdoor Croquet (CQ) 9:30 Line Dancing (FT) 10:00 Men's Fellowship (SN) 10:00 Tech Bar (BB) 10:00 Women's Bible Study (SR) 10:00 Mexican Train (C&G) 11:00 Cardio Fit w/ Jamie (FT) 11:00 Dementia Caregiver Support Group (HR3) 1:00 Yoga w/ Francie (FT) 2:00 Gentle Stretch & Seated Yoga (FT, 970) 2:00 Chorus Rehearsal (FH) 4:30 Happy Hour (BB)	7 8:00 Total Body Strength w/ Lisa (FT) 9:15 Stretch, Tone & Balance (FT, 970) 10:00 Aqua Aerobics w/ Jody (PL) 10:15 Needlework Group (C&G) 12:00 Menu Tasting & Food Show (FH) 1:00 Seated Exercise & Balance (FT) 2:00 Zumba Gold (FT) 3:00 Open Ping Pong (FT)	8 8:00 Outdoor Croquet (CQ) 9:00 3000 Bldg. EVS Meeting (C&G) 9:30 Aqua Lite w/ Jenna (PL) 10:00 Weights for Women (FT) 11:00 Cardio Fit w/ Jenna (FT) 1:00 Yoga w/ Pam (FT) 2:00 AACo Outreach Library Vehicle "OLIVE" (LO) 2:00 Neighbor to Neighbor Volunteer Meeting (SR) 2:00 Tech Bar (BB) 2:00 Mah Jong (C&G) 2:00 Open Billiards (BR) 3:00 Open Cornhole (FT) 4:30 Happy Hour (BB) 7:00 BINGO! (FH) 7:00 Pet-a-Pooch (LO) 	9 8:00 Total Body Strength w/ Lisa (FT) 9:15 Stretch, Tone & Balance (FT, 970) 10:00 Aqua Aerobics w/ Jenna (PL) 10:15 Canasta (SN) 11:00 Office Hours with Jamie (FT) 1:00 Seated Exercise & Balance (FT) 2:00 Poker Group (SN) 2:30 Open Small Court Pickleball (FT) 2:30 Sew & Craft Room Open (HB) 7:15 Movie Night (SR)	10 9:00 Outdoor Croquet (CQ) 10:00 Aqua Aerobics w/ Jenna (PL) 10:00 Pool School (BR) 11:00 Beats & Balance Pop-Up Cardio Drumming (FT) 1:00 Open Billiards (BR) 1:00 Canasta (SN) 7:30 Music Performance by the Greg Harrison Trio (FH & 971) 

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Mother's Day 11</div> <div>11:00 Church Service (FH) 12:00 Mother's Day Buffet. Additional Seating at 1:45 pm (CD & BB) 2:00 Mah Jong (C&G) 7:00 Sunday Night Series "To the Manor Born" (SR)</div> <div></div>	<div>Nametag Day 12</div> <div>8:00 Total Body Strength w/ Lisa (FT) 9:15 Stretch, Tone & Balance (FT, 970) 10:00 Aqua Aerobics w/ Jody (PL) 10:00 Tech Bar (BB) 10:30 Readers Group (C&G) 1:00 Duplicate Bridge (FH) 1:00 Seated Exercise & Balance (FT) 2:00 Mah Jong (C&G) 3:00 Men's Circuit Training (FT) 7:15 Movie Night (SR)</div>	<div>13</div> <div>8:00 Outdoor Croquet (CQ) 9:30 Line Dancing (FT) 10:00 Men's Fellowship (SN) 10:00 Tech Bar (BB) 10:00 Women's Bible Study (SR) 10:00 Mexican Train (C&G) 11:00 Cardio Fit w/ Jamie (FT) 11:00 Catholic Mass (FH & 971) 11:00 Dementia Caregiver Support Group (HR3) 1:00 Yoga w/ Francie (FT) 2:00 Gentle Stretch & Seated Yoga (FT, 970) 2:30 Spring Matinee Chorus Concert (FH) 4:30 Happy Hour (BB)</div>	<div>14</div> <div>8:00 Total Body Strength w/ Lisa (FT) 9:15 Stretch, Tone & Balance (FT, 970) 10:00 Aqua Aerobics w/ Jamie (PL) 10:00 Newcomer Discussion (AN) 10:15 Needlework Group (C&G) 11:00 Newcomer Bus Tour (LO) 1:00 Seated Exercise & Balance (FT) 1:00 Trio Bike Rides*(4000 Circle) 2:00 Zumba Gold (FT) 3:00 Open Ping Pong (FT) 3:00 Nutrition Education Series – Superfoods, Berries (SR) 7:30 Spring Evening Chorus Concert (FH)</div>	<div>15</div> <div>8:00 Outdoor Croquet (CQ) 9:30 Aqua Lite w/ Jenna (PL) 10:00 Weights for Women (FT) 10:00 Chats with Chip** (C&G) 11:00 Cardio Fit w/ Jenna (FT) 1:00 Yoga w/ Pam (FT) 2:00 Tech Bar (BB) 2:00 Mah Jong (C&G) 2:00 Open Billiards (BR) 2:30 Town Hall (FH & 971) 3:00 Open Cornhole (FT) 4:30 Happy Hour (BB) 6:00 BCFA - "How has the Gaza war changed the Middle East?" Streamed via Zoom (SR)</div>	<div>16</div> <div>8:00 Total Body Strength w/ Lisa (FT) 9:15 Stretch, Tone & Balance (FT, 970) 10:00 Aqua Aerobics w/ Jenna (PL) 10:15 Canasta (SN) 11:00 Office Hours with Jamie (FT) 12:00 Men's Luncheon* (AN) 1:00 Seated Exercise & Balance (FT) 1:00 Trio Bike Rides*(4000 Circle) 2:30 Open Small Court Pickleball (FT) 3:00 Poetry Group (C&G) 7:15 Movie Night (SR)</div>	<div>17</div> <div>9:00 Outdoor Croquet (CQ) 10:00 Aqua Aerobics w/ Jenna (PL) 10:00 Pool School (BR) 1:00 Open Billiards (BR) 1:00 Canasta (SN) 4:30 Preakness Stakes – Bugeye Bar open for Black-eyed Susans & Race viewing. Race post time is 6:20pm (BB) 7:30 Music Performance by Janie Meneely -"Songs about the Bay" (FH & 971)</div>
<div>18</div> <div>11:00 Church Service (FH) 12:00 Sunday Buffet (CD & BB) 2:00 Mah Jong (C&G) 7:00 Sunday Night Series "To the Manor Born" (SR)</div>	<div>Nametag Day 19</div> <div>8:00 Total Body Strength w/ Lisa (FT) 9:15 Stretch, Tone & Balance (FT, 970) 10:00 Aqua Aerobics w/ Jody (PL) 10:00 Tech Bar (BB) 10:00 Meaningful Conversations* (AN) 1:00 Duplicate Bridge (FH) 1:00 Seated Exercise & Balance (FT) 2:00 Mah Jong (C&G) 3:00 Men's Circuit Training (FT) 7:15 Foreign Movie (SR)</div>	<div>20</div> <div>8:00 Outdoor Croquet (CQ) 9:30 Line Dancing (FT) 10:00 Men's Fellowship (SN) 10:00 Tech Bar (BB) 10:00 Women's Bible Study (SR) 10:00 Mexican Train (C&G) 11:00 Cardio Fit w/ Jamie (FT) 11:00 Dementia Caregiver Support Group (HR3) 1:00 Yoga w/ Francie (FT) 2:00 Gentle Stretch & Seated Yoga (FT, 970) 4:30 Happy Hour (BB)</div>	<div>21</div> <div>8:00 Total Body Strength w/ Lisa (FT) 9:15 Stretch, Tone & Balance (FT, 970) 10:00 Aqua Aerobics w/ Jody (PL) 10:15 Needlework Group (C&G) 2:00 Residents Club Meeting (FH & 971) 3:00 Open Ping Pong (FT) 3:00 Sip n' Paint* (SN) 7:15 National Theater at Home - "The Beaux' Stratagem" (SR)</div>	<div>22</div> <div>8:00 Outdoor Croquet (CQ) 9:30 Aqua Lite w/ Jenna (PL) 10:00 Weights for Women (FT) 11:00 Cardio Fit w/ Jenna (FT) 1:00 Yoga w/ Pam (FT) 1:00 Trio Bike Rides* (4000 Circle) 2:00 Great Decisions (SR) 2:00 Tech Bar (BB) 2:00 Mah Jong (C&G) 2:00 Open Billiards (BR) 3:00 Open Cornhole (FT) 4:30 Happy Hour (BB) 7:00 BINGO! (FH)</div>	<div>23</div> <div>8:00 Total Body Strength w/ Lisa (FT) 9:15 Stretch, Tone & Balance (FT, 970) 10:00 Aqua Aerobics w/ Jenna (PL) 10:15 Canasta (SN) 11:00 Office Hours with Jamie (FT) 1:00 Seated Exercise & Balance (FT) 2:00 Poker Group (SN) 2:30 Open Small Court Pickleball (FT) 2:30 Sew & Craft Room Open (HB) 7:15 Movie Night (SR)</div>	<div>24</div> <div>9:00 Outdoor Croquet (CQ) 10:00 Aqua Aerobics w/ Jenna (PL) 10:00 Pool School (BR) 1:00 Open Billiards (BR) 1:00 Canasta (SN)</div>
<div>25</div> <div>11:00 Church Service (FH) 12:00 Sunday Buffet (CD & BB) 2:00 Mah Jong (C&G) 7:00 Sunday Night Series "To the Manor Born" (SR)</div>	<div>Memorial Day 26</div> <div>All Administrative Offices, Transportation, and Convenience Store are closed</div> <div>8:00 Total Body Strength w/ Lisa (FT) 10:00 Aqua Aerobics w/ Jody (PL) 12:00 Memorial Day Buffet 1:00 Duplicate Bridge (FH) 2:00 Mah Jong (C&G) 7:15 Movie Night (SR)</div> <div></div>	<div>27</div> <div>8:00 Car Wash & Auto Detailing* (1000 Parking Lot) 8:00 Outdoor Croquet (CQ) 9:30 Line Dancing (FT) 10:00 Men's Fellowship (SN) 10:00 Tech Bar (BB) 10:00 Women's Bible Study (SR) 10:00 Mexican Train (C&G) 11:00 Cardio Fit w/ Jamie (FT) 11:00 Catholic Mass (FH & 971) 11:00 Dementia Caregiver Group (HR3) 1:00 Yoga w/ Francie (FT) 2:00 Gentle Stretch & Seated Yoga (FT, 970) 4:30 Happy Hour (BB)</div>	<div>28</div> <div>8:00 Total Body Strength w/ Lisa (FT) 9:00 – 1:00 PM National Senior Health and Fitness Expo (FH) 9:15 Stretch, Tone & Balance (FT, 970) 10:00 Aqua Aerobics w/ Jody (PL) 10:15 Needlework Group (C&G) 1:00 Seated Exercise & Balance (FT) 2:00 Zumba Gold (FT) 2:30 Writers Workshop (C&G) 3:00 Open Ping Pong (FT) 4:30 Trivia w/ Friends (BB)</div> <div></div>	<div>29</div> <div>8:00 Outdoor Croquet (CQ) 9:30 Aqua Lite w/ Jenna (PL) 10:00 Weights for Women (FT) 11:00 Cardio Fit w/ Jenna (FT) 1:00 Yoga w/ Pam (FT) 2:00 Tech Bar (BB) 2:00 Mah Jong (C&G) 2:00 Open Billiards (BR) 3:00 Open Cornhole (FT) 4:30 Happy Hour (BB)</div>	<div>30</div> <div>8:00 Total Body Strength w/ Lisa (FT) 9:15 Stretch, Tone & Balance (FT, 970) 10:00 Aqua Aerobics w/ Jenna (PL) 10:00 Caregivers' Group (CC) 10:15 Canasta (SN) 11:00 Office Hours with Jamie (FT) 1:00 Seated Exercise & Balance (FT) 2:30 Open Small Court Pickleball (FT) 3:00 Lecture by Jeff Voight, "A Story of Survival" (FH & 971) 7:15 Movie Night (SR)</div>	<div>31</div> <div>9:00 Outdoor Croquet (CQ) 10:00 Aqua Aerobics w/ Jenna (PL) 10:00 Pool School (BR) 1:00 Open Billiards (BR) 1:00 Canasta (SN) 7:30 Music Performance by Frederick Moyer, Classical Pianist (FH & 971)</div> <div></div>